

**Region 7 Black Belt Test  
October 13, 2018**

Location:

NOTE: New location because of power outage at Mebane Arts Center

YMCA

1346 S Main St

Burlington, NC 27215

**Saturday, October 13:**

**10:00 AM – 11 AM:** Make Up Written Test

**10:00-11:00:** Masters, Chief Instructors, Testing Panel, Security and Conductors Workout – Master Nicole Peterman – Self-defense/one step sparring

**11:00 AM:** Bow In (For all participants)

**11:00 AM – 2:00 PM (Approximately):** Black Belt Workout (includes Cho Dan Bo's):  
Master Nicole Peterman will be doing self defense/one step sparring teaching (At the end of the clinic the black belts will rejoin those testing to help with the Kyuck Pa portion of test).

**11:00 AM to 3:00 PM:** Black Belt Test

Please remind students that only regulation boards of age appropriate size, (Four straight up breaks, no Demo breaking), will be permitted at the test:

18 years old and up – 1x12x10

17 to 13 years old – 1x12x8

12 years old and under – 1x12x6

If there are any other questions please feel free to contact me via email. See you all on Saturday, October 13, 2018.

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**Instructors Training (at Headquarters)**

**Sunday, October 14:**

**9:00 AM: Line up**

**9:00-10:00 AM: Working on Basics**

**10:00-11:00 AM: Forms**

**11:00-12:00 PM: Self-Defense**

You all must register using this link. If you wish to stay at headquarters, please let me know and I will contact headquarters. I know there definitely recommend bringing a sleeping bag your pillow etc. This is a region wide event for all certified instructors only.

[https://events.membersolutions.com/event\\_register.asp?content\\_id=76855](https://events.membersolutions.com/event_register.asp?content_id=76855)

Thanks,  
Master Rodriguez