

**Region 7 Black Belt Test
October 13, 2018**

Location:

Mebane Arts & Community Center
633 Corregidor Street
Mebane, NC 27302

Saturday, October 13:

10:00 AM – 11 AM: Make Up Written Test

10:00-11:00: Masters, Chief Instructors, Testing Panel, Security and Conductors Workout – Master Nicole Peterman – Self-defense/one step sparring

11:00 AM: Bow In (For all participants)

11:00 AM – 2:00 PM (Approximately): Black Belt Workout (includes Cho Dan Bo's):

Master Nicole Peterman will be doing self defense/one step sparring teaching (At the end of the clinic the black belts will rejoin those testing to help with the Kyuck Pa portion of test).

11:00 AM to 3:00 PM: Black Belt Test

Please remind students that only regulation boards of age appropriate size, (Four straight up breaks, no Demo breaking), will be permitted at the test:

18 years old and up – 1x12x10

17 to 13 years old – 1x12x8

12 years old and under – 1x12x6

If there are any other questions please feel free to contact me via email. See you all on Saturday, October 13, 2018.

=====
Instructors Training (at Headquarters)

Sunday, October 14:

9:00 AM: Line up

9:00-10:00 AM: Working on Basics

10:00-11:00 AM: Forms

11:00-12:00 PM: Self-Defense

You all must register using this link. If you wish to stay at headquarters, please let me know and I will contact headquarters. I know there definitely recommend bringing a sleeping bag your pillow etc. This is a region wide event for all certified instructors only.

https://events.membersolutions.com/event_register.asp?content_id=76855

Thanks,
Master Rodriguez