

18th Annual WTSDA Region 7 Black Belt Camp Agenda
June 9-11, 2017

Students need to bring bongos, wooden knives, and all weapons for rank (NO METAL WEAPONS), and all protective gear, (groin guard and moth pieces are a MUST). Instructors will have a limited supply of weapons available for training purposes.

Friday, June 9

- (C) 5:00 pm - 7:00 pm: Check-in (Lobby of Palmetto House) -Receive schedule and team assignments
- (ST) 7:00 pm - 7:15 pm: Orientation and Introductions, Rules and Regulations – Mrs. Jackie Knight-Atrium (Atrium is between Magnolia House and Palmetto House) bring sparring gear and full uniform with white t-shirt.
- 7:15 pm - 7:45 pm: Team Building- Atrium
- (U) 8:00 pm – 9:00 pm: – Health Education Complex Gym- Line up and Team Sparring (4 teams)
- 9:00 pm -10:00 pm: Pizza party –Health Education Complex
- 10:00 pm - 11:00 pm: Quiet Time and Lights Out

Saturday, June 10

- (T) 6:30 – 7:00 am: Assemble in Atrium, Ki Kong / Warm Up – Mrs. Francis
- 7:15 – 8:00 am: Breakfast
- (8:25 am line-up in gym-bring gear for morning sessions)
- (U) 8:25 am – 11:20 am: **Morning Concurrent Sessions** (Health Education Complex- 50 minute sessions)
- 8:25 am: Line up in Gym- Sessions will be broken into groups by rank. Each group will have a session with Grandmaster Strong, Master Kahn and Master Mack.**
- Session 1* 8:30-9:20 am**
- Session 2* 9:30-10:20 am**
- Session 3* 10:30-11:20 am**
- (T) 11:40-12:30 pm: Lunch (Do not wear your Do Bohk jacket or Dee at lunch)
- (U) 12:40 - 1:20 pm: Assemble at Amphitheater for pictures
- 1:30 – 4:30 pm: **Afternoon Concurrent Sessions** (Health Education Complex- 50 min sessions)
Sessions will be broken into groups by rank. Each team will have one session with Grandmaster Strong, Master Kahn and TBD.

Session 1- 1:40-2:30 pm

Session 2- 2:40-3:30 pm

Session 3- 3:40-4:30 pm

(T) 5:15 – 6:15 pm: Evening Meal

6:30 – 7:30 pm: Clean up and shower

(C) 7:45 – 9:15 pm: Camp Activity – Master Francis - Health Education Complex

9:30 - 10:00 pm: Q&A with Grandmaster Strong and Master Kahn

10:00 pm – 11:00 pm: Social Time and Lights Out

Sunday, June 11

(U) 6:00 – 6:30 am: Assemble in Atrium- Ki Gong / Warm Up - Mrs. Francis

6:45 – 7:30 am: Training with the Masters - Health Education Complex (no metal weapons)

Cho Dan Bo Training- Master Francis (Bong Hyung E Bu)

Cho Dan Training- Master Mars (Bong Hyung Sam Bu)

E Dan Training- Master Kahn (Dan Gum Hyung)

Sam Dan and above Training-Grandmaster Strong (Jung Koop Jang Gum Hyung)

Black Belt promotions following the workout. (Certificates to be handed to instructors for distribution at studios).

8:15 – 8:45 am: Breakfast

(C) 9:00 am: Check Out and Depart- Magnolia- (Parents pick students up at Magnolia)

Mrs. Jackie Knight - Camp Coordinator
Master Carlos Rodriguez - Program Director
Ms. Tina Stevens - Chief of Security
Mr. and Mrs. Spann - Medical Support.

NOTE: Appropriate dress is as follows:

- (C) Casual - Your school's shirt (or other WTSDA related shirt) and pants or shorts.
- (ST) Studio T-shirt, previous camp T-shirt, white pants and belt.
- (T) Camp T-shirt and white do bohk pants.
- (TB) Camp T-shirt, white do bohk pants, and belt.
- (U) Full WTSDA uniform- white shirts only.