

**16th Annual WTSDA Region 7 Black Belt Camp Agenda
June 12-14, 2015**

Students need to bring bongos, wooden knives, and all weapons for rank (NO METAL WEAPONS), and all protective gear. Instructors will have a limited supply of weapons available for training purposes.

Friday, June 12

(C) 5:00 pm - 7:00 pm: Check-in (Lobby of Magnolia House) -Receive schedule and team assignments

(ST) 7:00 pm - 7:15 pm: Orientation and Introductions, Rules and Regulations – Mrs. Jackie Knight-Atrium

(Atrium is between Magnolia House and Palmetto House) Bring yoga mat if you have one.

7:15 pm - 7:45 pm: Team Building- Atrium

8:00 pm – 9:00 pm: – Health Education Complex Gym- Line up and Yoga

9:00 pm -10:00 pm: Pizza party –Health Education Complex

10:00 pm - 11:00 pm: Quiet Time and Lights Out

Saturday, June 13

(T) 6:30 – 7:00 am: Assemble in Atrium, Ki Kong / Warm Up – Mrs. Francis

7:15 – 8:00 am: Breakfast (Get all gear prior to 8:25 am line-up in gym-bring camp T-shirt to session)

(U) 8:25 am – 11:20 am: Morning Concurrent Sessions (Health Education Complex- 50 minute sessions)

8:25 am: Line up in Gym- Each team will have one session with Master Allen Sharpe

Session 1 **8:30-9:20 am** **Team A, B and C**

Session 2 **9:30-10:20 am** **Team A, B and C**

Session 3 **10:30-11:20 am** **Team A, B and C**

11:40-12:30 pm: Lunch (Do not wear your Do Bohk jacket or Dee at lunch)

(U) 12:40 - 1:20 pm: Assemble at Atrium- (full Do Bohk) and picture

**1:30 – 4:30 pm: Afternoon Concurrent Sessions (Health Education Complex- 50 min sessions)
Each team will have one session with Master Allen Sharpe**

Session 1- **1:40-2:30 pm** **Team A, B and C**

Session 2- 2:40-3:30 pm Team A, B and C

Session 3- 3:40-4:30 pm Team A, B and C

5:15 – 6:15 pm: Evening Meal

(C) 6:30 – 7:30 pm: Camp Activity – Director’s Choice- Health Education Complex

7:30 - 8:30 pm: Cleanup and shower

(C) 8:45 – 10:00 pm: Team presentations (Master Sharpe and team presentations - 5 minutes/team)

10:00 - 11:00 pm: Social Time, Clean Up and Lights Out

Sunday, June 14

(U) 6:00 – 6:30 am: Assemble in Atrium- Ki Gong / Warm Up - Mrs. Francis

6:45 – 7:30 am: Training with the Masters- Health Education Complex (no metal weapons)

Cho Dan Bo Training- Master Scot’s choice (Sip Soo and Bong Hyung E Bu)

Cho Dan Training- Master Kuehner (Naihanchi E Dan and Bong Hyung Sam Bu)

E Dan Training- Master Mars (Jin Do and Ki Cho Jang Gum Hyung)

Sam Dan Training- Master Dunn (Kong Sang Koon and Jung Koop Jang Gum Hyung)

Black Belt promotions following workout. (Certificates to be handed to instructors for distribution at studios).

8:15 am: Breakfast

(C) 9:00 am: Check Out and Depart- Magnolia- (Parents pick students up at Magnolia)

Mrs. Jackie Knight - Camp Coordinator

Ms. Kathy Scully - Program Director

Ms. Tina Stevens - Chief of Security

Dr. John Absher - Medical Support.

NOTE: Appropriate dress is as follows:

(C) Casual - Your school’s shirt (or other WTSDA related shirt) and pants or shorts.

(ST) Studio T-shirt, previous camp T-shirt, white pants and belt.

(T) Camp T-shirt and white do bohk pants.

(TB) Camp T-shirt, white do bohk pants, and belt.

(U) Full WTSDA uniform- white shirts only.